



How Will You Measure Your Life?

By Clayton M. Christensen, James Allworth, Karen Dillon

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From the world's leading thinker on innovation and New York Times bestselling author of *The Innovator's Dilemma*, Clayton M. Christensen, comes an unconventional book of inspiration and wisdom for achieving a fulfilling life. Christensen's *The Innovator's Dilemma*, notably the only business book that Apple's Steve Jobs said "deeply influenced" him, is widely recognized as one of the most significant business books ever published. Now, in the tradition of Randy Pausch's *The Last Lecture* and Anna Quindlen's *A Short Guide to a Happy Life*, Christensen's *How Will You Measure Your Life* is with a book of lucid observations and penetrating insights designed to help any reader—student or teacher, mid-career professional or retiree, parent or child—forge their own paths to fulfillment.

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Bibliography

- Sales Rank: #6115 in Books
- Published on: 2012-05-15
- Released on: 2012-05-15
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x .85" w x 5.50" l, .73 pounds
- Binding: Hardcover
- 240 pages

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Editorial Review

Review

“[A] highly engaging and intensely revealing work....Spiritual without being preachy, this work is especially relevant for young people embarking on their career, but also useful for anyone who wants to live a more meaningful life in accordance with their values.” (Publishers Weekly)

“The book encapsulates Christensen’s best advice to keep high achievers from being disrupted in their own lives....[P]rovocative but reassuring: Peter Drucker meets Mitch Albom.” (Bloomberg Businessweek)

“[M]ore genuinely a self-help book than the genre it disparages. Instead of force-feeding readers with orders on how to improve, it aims to give them the tools to set their own course” (Financial Times)

“[W]ell researched and thought through material. (Forbes)

“...a gripping personal story with lessons from business mixed in.” (Bloomberg BusinessWeek)

“...Clayton Christensen’s new book has the business world buzzing.” (Deseret News)

“Recommend the book to friends and family who have no connection to the business world. They will thank you for it.” (Harvard Business Review)

“‘A Business Student’s New Required Reading’” (Huffington Post)

“[R]evealing and profound.” (Inc. Magazine)

“I wish this book was around when I started my career. I bought copies for my kids and other young adults I know. \$16 is not a lot to spend to get them thinking about their future and how to live responsible, ethical and successful lives.” (Small Business Labs)

From the Back Cover

In 2010 world-renowned innovation expert Clayton M. Christensen gave a powerful speech to the Harvard Business School's graduating class. Drawing upon his business research, he offered a series of guidelines for finding meaning and happiness in life. He used examples from his own experiences to explain how high achievers can all too often fall into traps that lead to unhappiness.

The speech was memorable not only because it was deeply revealing but also because it came at a time of intense personal reflection: Christensen had just overcome the same type of cancer that had taken his father's life. As Christensen struggled with the disease, the question "How do you measure your life?" became more urgent and poignant, and he began to share his insights more widely with family, friends, and students.

In this groundbreaking book, Christensen puts forth a series of questions: How can I be sure that I'll find satisfaction in my career? How can I be sure that my personal relationships become enduring sources of happiness? How can I avoid compromising my integrity—and stay out of jail? Using lessons from some of the world's greatest businesses, he provides incredible insights into these challenging questions.

How Will You Measure Your Life? is full of inspiration and wisdom, and will help students, midcareer professionals, and parents alike forge their own paths to fulfillment.

About the Author

CLAYTON M. CHRISTENSEN is the Kim B. Clark Professor at Harvard Business School, the author of nine books, a five-time recipient of the McKinsey Award for *Harvard Business Review*'s best article, and the cofounder of four companies, including the innovation consulting firm Innosight. In 2011 and 2013 he was named the world's most influential business thinker in a biennial ranking conducted by Thinkers50.

A native of Australia, **JAMES ALLWORTH** is a graduate of the Harvard Business School, where he was named a Baker Scholar, and the Australian National University. He previously worked at Booz & Company and Apple.

KAREN DILLON is the former editor of the *Harvard Business Review* and coauthor of the *New York Times* bestseller *How Will You Measure Your Life?* She is a graduate of Cornell University and Northwestern University's Medill School of Journalism. In 2011 she was named by Ashoka as one of the world's most influential and inspiring women.

Users Review

From reader reviews:

Keith Smith:

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