



The Twelve Steps of Forgiveness: A Practical Manual for Moving from Fear to Love

By Paul Ferrini

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The Twelve Steps of Forgiveness offers us a process for unlearning our ego-based search for perfection and discovering the inner beauty, guidance, and grace that already exist in our lives. It enables us to honor others and establish healthy boundaries that prevent manipulation and co-dependency. Most importantly, it helps us practice forgiveness moment to moment, so that we can discover the place of peace within.

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Editorial Review

About the Author

Paul Ferrini is the author of over 40 books on love, healing and forgiveness. His unique blend of spirituality and psychology goes beyond self-help and recovery into the heart of healing. His conferences, retreats, and Affinity Group Process have helped thousands of people deepen their practice of forgiveness and open their hearts to the divine presence in themselves and others.

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