



Potatoes: 101 Recipes

By Cornelia Adam

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Potatoes are synonymous for simple, inexpensive, and unfailingly delicious food. Since its introduction to

Europe in the 16th century, the humble root vegetable has conquered all continents and is, in many countries, the most used and favorite food ingredient. Its taste appeals to each of us.

The countless possibilities of cooking them contributed to developing national dishes based on potatoes, which are part of each country's heritage and pride. Yet potatoes are more than a banal and all-too-basic vegetable. This book takes you from the origins of the tuberous in Peru, where it was a constitutive part of the Inka civilization, to the royal tables in Europe, whence the potatoes became fashionable food for the rich and the poor alike.

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Editorial Review

About the Author

Cornelia Adam is a freelance food journalist working for renowned magazines. Her recipes, inspired by her countless travels around the globe, are easy to realize and a guaranteed success.

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