



# The True Power of Water: Healing and Discovering Ourselves

By Masaru Emoto

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**The True Power of Water: Healing and Discovering Ourselves** By Masaru Emoto

Dear Reader,

I am honored that you have picked up *The True Power of Water*. In a world of no mistakes, it is not by coincidence that you and I are embarking on this journey. The words and pictures you are about to see will open a new world of possibilities for you -- just as my research has done for me.

In this book you will learn of the unique properties of water and its ability to improve your health and your life. You will see the effect each of us has on water -- not only the water we drink but also the water that makes up 70 percent of the human body and, most importantly, what happens to that water as we interact with each other.

2005 marks the beginning of the United Nations Decade of Water. It is our individual responsibility to learn all we can about water, the most precious resource on our planet, and to help shift the consciousness through our thoughts, through our words and prayers, and through our commitment to respect each other with love and gratitude. May our understanding of water help bring peace to all humankind.

Masaru Emoto

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### Editorial Review

#### Amazon.com Review

This follow up to Dr. Emoto's international bestseller *The Hidden Messages in Water* is the result of his latest scientific research into the healing properties of water. Building upon his previous work, which proved that water and water molecules are affected by our thoughts, words, and emotions, in *The True Power of Water*, Dr. Emoto makes the case that water literally holds the key to good health and shows how we can interact with it with our thoughts, intentions, and prayer to reverse illness.

Accompanied by numerous compelling photographs showing that water crystals are transformed according to the positive and negative thoughts they are exposed to, this book provides practical steps that anyone can use to improve their own well-being by learning how to consciously interact with water, the primary component of our bodies. Also discussed is Dr. Emoto's research into the effects of prayer to purify rain water, helping to bring healing to the earth, as well as the mechanistic limitations of Western medicine and its understanding of both healing and disease. No one who reads Dr. Emoto's works will ever take water for granted again.

#### Review

"This powerful book confirms our deep and lasting connection to water—our most precious resource. Masaru Emoto's research gives us an understanding of how we can better relate to water in our daily lives, and offers hope for the health of the world's water in years to come."

—John Gray, PhD, author of *Men Are from Mars, Women Are from Venus*

"The pictures found in all of Masaru Emoto's books show clearly that the water which makes up so much of our physical body, and the water which makes up this planet, can be healed and transformed through our own intentions to grow in love and gratitude. As a practitioner of the art of prayer and healing, I highly recommend this book. The time for this work is now."

—Ron Roth, author of *Prayer and the Five Stages of Healing*

"Destined to become a classic...a beautiful book written by a very old and beautiful soul...Masaru Emoto writes of the great universal truth. Energy is best transmitted through water as 70% of the human body is made of water. Through our interaction with water we can send ripples of love and gratitude, the most powerful of all emotions, to every person on the planet."

—Kiril Sokoloff, founder, 13D Research Inc. and Healthsearches.org

#### About the Author

**Masaru Emoto** is an internationally renowned Japanese researcher who has gained worldwide acclaim. Emoto is a graduate of the Yokohama Municipal University's department of humanities and sciences with a focus on International Relations, and he received certification as a Doctor of Alternative Medicine from the Open International University.

Emoto's research has visually captured the structure of water at the moment of freezing, and through high-speed photography he has shown the direct consequences of destructive thoughts and the thoughts of love and appreciation of the formation of water crystals. The revelation that our thoughts can influence water has profound implications for our health and the well-being of the planet.

Masaru Emoto has written many books, including the *New York Times* bestselling *The Hidden Messages in Water*, and his books have been published in twenty-four languages.

## **Users Review**

### **From reader reviews:**

#### **Kelly Neidig:**

Do you one among people who can't read pleasant if the sentence chained inside straightway, hold on guys this aren't like that. This *The True Power of Water: Healing and Discovering Ourselves* book is readable through you who hate the straight word style. You will find the information here are arrange for enjoyable examining experience without leaving perhaps decrease the knowledge that want to offer to you. The writer involving *The True Power of Water: Healing and Discovering Ourselves* content conveys prospect easily to understand by lots of people. The printed and e-book are not different in the written content but it just different as it. So , do you continue to thinking *The True Power of Water: Healing and Discovering Ourselves* is not loveable to be your top listing reading book?

#### **Adele Rowan:**

Reading can called head hangout, why? Because when you find yourself reading a book specially book entitled *The True Power of Water: Healing and Discovering Ourselves* your head will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging each word written in a e-book then become one web form conclusion and explanation in which maybe you never get prior to. The *The True Power of Water: Healing and Discovering Ourselves* giving you yet another experience more than blown away your brain but also giving you useful information for your better life with this era. So now let us show you the relaxing pattern the following is your body and mind is going to be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary spending spare time activity?

#### **Vicki Head:**

Is it anyone who having spare time and then spend it whole day by watching television programs or just laying on the bed? Do you need something new? This *The True Power of Water: Healing and Discovering Ourselves* can be the respond to, oh how comes? A fresh book you know. You are therefore out of date, spending your extra time by reading in this brand new era is common not a geek activity. So what these books have than the others?

#### **Ricky Bradley:**

As a pupil exactly feel bored in order to reading. If their teacher asked them to go to the library in order to make summary for some e-book, they are complained. Just tiny students that has reading's soul or real their hobby. They just do what the educator want, like asked to the library. They go to generally there but nothing reading critically. Any students feel that reading through is not important, boring in addition to can't see colorful pictures on there. Yeah, it is to get complicated. Book is very important for yourself. As we know

that on this period of time, many ways to get whatever you want. Likewise word says, many ways to reach Chinese's country. Therefore this The True Power of Water: Healing and Discovering Ourselves can make you experience more interested to read.

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