



## Suicide in Men: How Men Differ from Women in Expressing Their Distress

By David Lester

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## **Suicide in Men: How Men Differ from Women in Expressing Their Distress** By David Lester **Bibliography**

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### Editorial Review

#### Review

During graduate school, David Lester's publications informed both my dissertation research and my service as a counsellor, trainer and administrator in a crisis intervention organisation (Lester, 1970; Lester & Brockopp, 1973; Slaikeu, Lester, & Tulkin, 1973). Four decades later, a search of PsycINFO and Academic Search Complete in September 2014 revealed that Lester has more than 1900 publications on the topic of suicide. At least 168 of those resources note significant points relating to men, and 192 or more of them highlight considerations especially relevant for women, including two edited books that focus on women (Canetto & Lester, 1995; Lester, 1988). His 2014 edited book puts the spotlight on men. As has been true with many of his publications, *Suicide in Men* is not solely the work of Lester. Although he authored or co-authored 12 of the 27 chapters, John Gunn and Paul Quinnett joined him as co-editors and chapter contributors, and there are 14 additional chapter authors. The authors are a diverse group in terms of both nationality and professional affiliation. Disciplines and academic departments represented include psychology, sociology, anthropology, social work, criminology, criminal justice, law, psychiatry, health science, nursing, public health and educational sciences. Past and current countries of residence include Australia, Belgium, China, Norway, Uganda and the USA.

The book's preface offers a succinct review of previous publications focusing on men and suicide, and then it compares the current volume to those earlier works. The primary distinctions noted by the editors involve inclusion of the following topics relating to suicide in men: epidemiological factors, risk factors, kinds of suicidal behaviour and possible ways to increase the effectiveness of suicide prevention efforts. The book has

presentations and discussions of scholarly research, accounts written by suicidal men and boys, relevant examples gleaned from news media, as well as material based on personal experiences of the authors. They analyse the information with regard to what is known and what remains to be discovered regarding suicide in men.

For academicians, researchers and students interested in patterns and in population trends displayed by suicidal men, the book provides research reviews of multiple areas, as well as identification of questions and issues in need of further research. For practitioners and students interested in information that can be used with service recipients, there is the potential to gain insights regarding both common themes seen in suicidal men and unique considerations relevant to a variety of specific groups and populations.

Here are some key ideas from the book. In almost all countries and cultures around the world, population suicide rates are higher for men than for women. (The most notable possible exception is China.) A major cross-cultural factor contributing to higher suicide rates for men is having hegemonic masculine values attitudes ascribed to the ideal man such as strength, physical prowess, courage, independence, competition, success, financial prosperity and control. Related contributing conditions include higher rates of substance abuse and lower willingness to seek help during times of distress. To increase the utilisation of relevant services by men in distress, the editors suggest that mental health professionals enhance their skills in recognising signs of suicidal risk among men; community members could also be educated with regard to the helpfulness of available interventions in addressing issues associated with suicidal thoughts. The editors provide examples of how specific organisations are educating men on those and similar issues. Efforts include both face-to-face and electronic peer-support programmes, as well as websites and applications designed to provide . . . . --Kenneth France (2015) *Suicide in men: how men differ from women in expressing their distress*, *British Journal of Guidance & Counselling*, 43:1, 177-180, DOI:

10.1080/03069885.2015.975091

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### **From reader reviews:**

#### **Jack Evans:**

A lot of people always spent all their free time to vacation or even go to the outside with their friends and family or their friend. Do you realize? Many a lot of people spent their free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity that's look different you can read a book. It is really fun for yourself. If you enjoy the book you read you can spend the entire day to reading a publication. The book *Suicide in Men: How Men Differ from Women in Expressing Their Distress* it is extremely good to read. There are a lot of individuals who recommended this book. We were holding enjoying reading this book. Should you did not have enough space bringing this book you can buy the particular e-book. You can more quickly to read this book from your smart phone. The price is not very costly but this book features high quality.

#### **Deborah Martins:**

Your reading 6th sense will not betray you actually, why because this *Suicide in Men: How Men Differ from Women in Expressing Their Distress* book written by well-known writer who knows well how to make book that can be understand by anyone who else read the book. Written inside good manner for you, leaving every ideas and publishing skill only for eliminate your hunger then you still uncertainty *Suicide in Men: How Men Differ from Women in Expressing Their Distress* as good book not just by the cover but also by the content. This is one e-book that can break don't ascertain book by its handle, so do you still needing yet another sixth sense to pick this kind of!? Oh come on your examining sixth sense already told you so why you have to listening to a different sixth sense.

#### **Brian Smith:**

This *Suicide in Men: How Men Differ from Women in Expressing Their Distress* is great guide for you because the content which can be full of information for you who have always deal with world and have to make decision every minute. This kind of book reveal it data accurately using great plan word or we can claim no rambling sentences included. So if you are read that hurriedly you can have whole details in it. Doesn't mean it only provides straight forward sentences but tough core information with beautiful delivering sentences. Having *Suicide in Men: How Men Differ from Women in Expressing Their Distress* in your hand like finding the world in your arm, information in it is not ridiculous one. We can say that no e-book that offer you world inside ten or fifteen minute right but this book already do that. So , this really is good reading book. Hi Mr. and Mrs. stressful do you still doubt that?

#### **Bryan Perry:**

As a student exactly feel bored in order to reading. If their teacher questioned them to go to the library as well as to make summary for some book, they are complained. Just minor students that has reading's spirit or real their leisure activity. They just do what the professor want, like asked to go to the library. They go to at this time there but nothing reading very seriously. Any students feel that reading is not important, boring and

can't see colorful photographs on there. Yeah, it is to become complicated. Book is very important to suit your needs. As we know that on this era, many ways to get whatever we wish. Likewise word says, ways to reach Chinese's country. Therefore this Suicide in Men: How Men Differ from Women in Expressing Their Distress can make you sense more interested to read.

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