

The Lessons of Saint Francis: How to Bring Simplicity and Spirituality into Your Daily Life

By John Michael Talbot, Steve Rabey



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The life of St. Francis of Assisi was a paradigm of simplicity, humanity, and love. In today's busy world, his practices have enormous appeal, described in this inspiring work by John Michael Talbot, the founder of The Brothers and Sisters of Charity, a lay order based on the Franciscan principles of simplicity and selfsufficiency. In The Lessons Of St. Francis, Talbot and co-author Steve Rabey demonstrate the enduring significance of Franciscan wisdom. Organized by topic, such as Simplicity, Humility, Compassion, Solitude, Service, and Prayer, each chapter includes excerpts from the writings of St. Francis, as well as those of his followers and biographers. Combining deep spiritual insights with the offer of a saner, less chaotic way of living, The Lessons Of St. Francis offers wise advice on how to incorporate these virtues into our own lives today.



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Editorial Review

From Library Journal

Well-known Christian musician Talbot founded the Brothers and Sisters of Charity, a Franciscan lay order. Here he discusses their way of life, which is based on the ideals of simplicity, service, and love for creation that St. Francis of Assisi inpired. Drawing on insights from the saint's enigmatic life, Talbot encourages readers to pare down the overwhelming demands of modern existence and to distinguish between the needs of interior life and the pull of worldly desires. Readable and filled with concrete suggestions, this is sure to appeal to seekers of a more simple and authentic life.

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Review

"A thought-provoking work that, like St. Francis, can appeal to anyone, anywhere."—Houston Chronicle

"Like translations of the Bible, the lives of saints need to be periodically retranslated for a new time. *The Lessons of St. Francis* does just that for all who are open to being transformed by the life of this enduring saint."—Michael Card, award-winning musician and the author of *The Joy in the Journey*

"A fine manual of spirituality for everyday living... an excellent introduction to St. Francis and his ongoing influence. Anyone who seeks a simple, commonsense approach to spirituality in today's busy, noisy world will benefit from this book."—*CBA Marketplace*

"Readers will learn much about the mission, legacy, and timeless appeal of Francis, this most human of saints."—Wichita Eagle

"This small wisdom book combines personal narration with practical advice to cut across all religious traditions. Through the universally loved life and works of Francis of Assisi, the author weaves a guidebook of spirituality for moderns. The whole tapestry works because the strands are strong and reliable. The reader is invited to take up those threads and make, not a medieval tapestry, but a refashioned modern life after the pattern of St. Francis."—Murray Bodo, author of *The Journey and the Dream*

"Filled with concrete suggestions, this is sure to appeal to seekers of a more simple and authentic life."—*Library Journal*

"Covers every aspect of the best of Christianity lovingly, producing a book that could easily make converts."—*Booklist*

About the Author

JOHN MICHAEL TALBOT is a Grammy Award—winning, multiplatinum-selling Christian music pioneer, a bestselling author of more than two dozen books on Christian living and monastic traditions, and the founder/general minister of the Brothers & Sisters of Charity, a monastic community whose members follow the Franciscan principles of simplicity, service, and prayer. His itinerant ministry focuses on bringing authentic Catholic Revival to dioceses and parishes throughout the world. www.johnmichaeltalbot.com

STEVE RABEY has written two thousand articles and authored/coauthored three dozen books on spirituality, religion, and culture. He lives in Colorado. www.steverabey.com

Users Review

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Cheryl Estrella:

Why don't make it to become your habit? Right now, try to prepare your time to do the important action, like looking for your favorite guide and reading a publication. Beside you can solve your trouble; you can add your knowledge by the guide entitled The Lessons of Saint Francis: How to Bring Simplicity and Spirituality into Your Daily Life. Try to the actual book The Lessons of Saint Francis: How to Bring Simplicity and Spirituality into Your Daily Life as your pal. It means that it can to get your friend when you experience alone and beside that course make you smarter than ever. Yeah, it is very fortuned in your case. The book makes you considerably more confidence because you can know anything by the book. So, let me make new experience and knowledge with this book.

James Jones:

Now a day individuals who Living in the era where everything reachable by match the internet and the resources in it can be true or not demand people to be aware of each facts they get. How people have to be smart in getting any information nowadays? Of course the answer then is reading a book. Reading a book can help men and women out of this uncertainty Information specifically this The Lessons of Saint Francis: How to Bring Simplicity and Spirituality into Your Daily Life book because this book offers you rich facts and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it you know.

Robert Araiza:

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