



## Unlimited Power: A Black Choice

By Anthony Robbins, Joseph McClendon Iii

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### **YES, YOU CAN BE, DO, HAVE AND ACHIEVE THE THINGS YOU WANT IN LIFE**

*Unlimited Power*, the international bestseller by Anthony Robbins, has guided millions along the path to success. Now, in *Unlimited Power: A Black Choice*, Robbins and his longtime associate and friend Joseph McClendon III, an authority in the African-American community and Head Trainer for Robbins Research International, address the specific needs of African Americans in search of knowledge, courage, success, and a better quality of life.

Robbins and McClendon here provide the inspiration and tools to help African Americans overcome roadblocks and cultural conditioning that might keep them from enjoying the life of their dreams. Step by step, Robbins and McClendon show how to eliminate fears and phobias, fuel the body with renewed health and energy, dramatically improve relationships, and become a persuasive communicator. Readers learn:

- \* The seven lies of success
- \* How to duplicate the success of others
- \* The five keys to wealth and happiness
- \* How to determine one's values
- \* How to resolve inner conflicts that are the source of self-destructive behaviour
- \* What they *really* want and how to achieve it

With *Unlimited Power: A Black Choice*. Anthony Robbins and Joseph McClendon III have written a unique and dynamic book that will provide African Americans with a program for super success in all aspects of their lives.

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## **Unlimited Power: A Black Choice By Anthony Robbins, Joseph McClendon Iii Bibliography**

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### Editorial Review

From Publishers Weekly

Robbins's previous books (Giant Steps, etc.), along with his Personal Power audiotape series and seminars, have kept him at the forefront of the personal improvement industry for the past decade. Here, Robbins, who is white, adapts his book *Unlimited Power* (1984) for African Americans, who have mostly ignored his work. Although Robbins's name appears on this volume, the voice on nearly every page is that of his colleague, McClendon, head trainer of Robbins Research International, Inc., who is black and the owner of his own company, Succeleration Research Group. In a relentlessly positive and encouraging tone, he uses his own personal experiences and many examples of famous African Americans to explain Robbins's theories. Behavior modification exercises for achieving personal, career and financial success are included as well. The information here is universally appealing and applicable, but people of color accustomed to receiving information that is supposedly meant for everyone, and yet is presented only by whites using only whites as examples, will find this book a refreshing change. According to Robbins's own theory, however, readers will have to be "visual strategists" to make it through this lengthy volume; audiotapes and seminars--for those who are more "auditory" or "kinesthetic"--are sure to follow. 75,000 first printing.  
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From Library Journal

What would a Robbins novel be without the ubiquitous sex, wealth, and power?  
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From [Booklist](#)

Anthony Robbins is one of the biggest names in the self-empowerment movement, and his book *Unlimited Power* (1986) continues to be an international best-seller. In his introduction to this volume, Robbins admits that though he can empathize with African Americans, he has obviously never lived the black experience; thus, when it came to adapting his philosophy and motivational techniques for a black audience, he chose his friend and associate Joseph McClendon to help him. The book itself, while updated, is not much different from the original; the major change (along with McClendon's first-person narrations) is the inclusion of anecdotal material from the black community and the use of African American movers and shakers as examples of accomplishment. Through the lives of successful African Americans, the text filters the core of Robbins' teachings: reprogramming the mind for success, eliminating fears and phobias, and imbuing the body with health and energy. Certainly Robbins' success on the motivational circuit suggests that his teachings contain strong messages for *anyone* wanting--and willing--to recharge their lives. *Ilene Cooper*

### Users Review

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**Toni Styer:**

Book is to be different for each grade. Book for children until eventually adult are different content. As it is known to us that book is very important normally. The book *Unlimited Power: A Black Choice* had been making you to know about other know-how and of course you can take more information. It is rather advantages for you. The reserve *Unlimited Power: A Black Choice* is not only giving you a lot more new information but also for being your friend when you experience bored. You can spend your own spend time

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**Lewis Manns:**

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**Josephine Lowe:**

Playing with family in a park, coming to see the sea world or hanging out with pals is thing that usually you might have done when you have spare time, after that why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Unlimited Power: A Black Choice, you can enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't have it, oh come on its referred to as reading friends.

**Anthony Jarrard:**

As a university student exactly feel bored to help reading. If their teacher asked them to go to the library as well as to make summary for some guide, they are complained. Just tiny students that has reading's heart or real their leisure activity. They just do what the professor want, like asked to the library. They go to generally there but nothing reading very seriously. Any students feel that examining is not important, boring along with can't see colorful photographs on there. Yeah, it is being complicated. Book is very important to suit your needs. As we know that on this era, many ways to get whatever we want. Likewise word says, many ways to reach Chinese's country. Therefore , this Unlimited Power: A Black Choice can make you really feel more interested to read.

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