



## Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists

By Susan A. Cantrell RPh, Ms. Sara J. White R.Ph. MS FASHP, Bruce E. Scott R.Ph. M.S. FASHP

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Most of us have received very little, if any, formal training on how to manage our lives and careers. In *Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists*, find expert advice and guidance for the choices and challenges you will face. Written by 35 leading pharmacists, these very personal letters offer sound advice and insight for seizing or creating opportunities, balancing career and family, avoiding mistakes, and overcoming setbacks.

Gain from the wisdom and practical advice offered in these letters on such topics as:

- Finding the right job or residency
- Developing productive partnerships
- The importance of networking
- Thinking creatively to design new therapies
- Working well in the culture of your organization
- Understanding your strengths and weaknesses

... and much more.

Learn from people who have faced many of the same career and life experiences that lie ahead of you.

More than a book, *Letters to a Young Pharmacist* is a companion guide for your life's work— and a must-have for every new pharmacist.

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## **Editorial Review**

Review

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### **[REVIEWER'S EXPERT OPINION]**

Melissa M. Ranieri PharmD(Temple University School of Pharmacy)

#### **Description**

This is a unique compilation of writings by experienced and accomplished practitioners in the field of pharmacy that offers invaluable advice on how to manage a young professional's pharmacy career, and the end result does not disappoint.

#### **Purpose**

This is a guide to navigating the professional challenges and opportunities pharmacists encounter. While pharmacy education is comprehensive and rigorous, there is no formal training on how to manage one's pharmacy career. This book fills the gap and offers practical advice for young pharmacists. The authors are willing to share their own heartfelt stories with the hope their experience can help new professionals. The book is captivating and provides invaluable lessons. As a practicing pharmacist, I agree with many of the sentiments shared by these extraordinary pharmacists. This wisdom can certainly help young pharmacists embark on a successful career path.

#### **Audience**

The letters are written specifically for young pharmacists or for pharmacists seeking a new career path. However, the book is interesting for any pharmacist regardless of their experience. Perhaps the key is that readers be open-minded and determined to become successful leaders in the profession. This is a prevailing theme of the book: that all pharmacists are in a position to lead and to effect change. In order to do so, one must be motivated to accept various opportunities as they arise. Another common theme is the importance of mentoring and teaching other pharmacists; these pharmacists are certainly willing to mentor in terms of sharing their personal stories.

#### **Features**

Perhaps what is most intriguing about this book is that it provides an insider's view of the life stories of 35 accomplished pharmacists from various settings. Much of the advice they offer comes only from personal experience or in very close, professional relationships. Therefore, the life lessons and secrets to success are essential to a young professional. Some of the topics they cover include overcoming adversity and

challenges, the importance of professional relationships and mentoring, working to effect change and finding the right job fit. Each chapter opens with the pharmacist's background and one key piece of advice. Their letters are written openly and discuss some very important strategies to succeed and to be happy as a pharmacist. Perhaps most importantly, all of the authors speak positively about the profession and the opportunities that lie ahead for their junior colleagues.

### **Assessment**

I found this book an enjoyable and inspiring read, a must-have for new pharmacists hoping to be leaders in the field. Ever present themes are a passion for pharmacy, a motivation to effect change, and being true to one's professional and personal beliefs. Young pharmacists can learn critical life lessons, both good and bad, from those who have experienced them and have triumphed.

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### **Weighted Numerical Score: 100 - 5 Stars!**

(Melissa Ranieri, PharmD (Temple University) *MedInfo Doody's Review Services* 2014-07-25)

#### About the Author

Susan Cantrell , BS Pharm, CAE,

Senior Vice President and Managing Director, DIA Americas. As the first regional Director for North America, Susan works with the Advisory Council of North America and its Content Advisory Committee to develop DIA's overall strategy for this region. She is also responsible for outreach to regulatory and other government agencies (such as the FDA and NIH), and related associations, and will divide her time between worldwide headquarters in Horsham (PA) and Washington, DC. As a regional director, Susan also serves on the Global Management Team, responsible for helping to coordinate DIA enterprise resources and policy from an operational perspective.

Prior to joining DIA Susan was with the American Society of Health System Pharmacists, a professional society for whom she worked for 19 years in a series of progressively responsible positions. She most recently served as Vice President of Resources Development, where she led the Society's efforts in domestic and international business development. Prior to this, she served as Managing Director, ASHP Advantage, a division of the society that developed and implemented accredited educational programs to assist pharmacists and health professionals. Susan brings significant experience in pharmacy practice, health care delivery and policy, and association management, including a substantial background in professional education, large meetings, business development, and volunteer engagement.

Susan is a member of the Alliance for Continuing Medical Education, the American Society of Association Executives, the American Society of Health-System Pharmacists, and the International Pharmaceutical Federation. She earned her Bachelor of Science in Pharmacy from the University of Mississippi, and has completed a residency in hospital pharmacy. She is pursuing graduate training in public health at the University of North Carolina. Susan's numerous honors include the 2010 Alliance for Continuing Medical Education President's Award.

Sara J. White, MS, FASHP

Sara is currently Faculty for the Pharmacy Leadership Academy. Since retiring in 2003, she has published a series in the American Journal of Health-System Pharmacy entitled Success Skills and co-edited the ASHP Pharmacy Leadership Field Guide, Cases and Advice for Everyday Situations (ASHP 2011). She has developed and recorded Conversations with Health-System Pharmacy's Most Influential Leaders through the ASHP Foundation's Leadership Center. In 2004 Sara was an ASHP Foundation Scholar in Residence on

Pharmacy Leadership. From 1992 to 2003 Sara was Stanford Hospital and Clinics, Director of Pharmacy and Clinical Professor, UCSF School of Pharmacy. She was Associate Director of Pharmacy and Professor at the University of Kansas Medical Center from 1972-1992. Sara completed a BS in Pharmacy from Oregon State University, MS from Ohio State University and an ASHP accredited Residency at the Ohio State University Hospitals and Clinics. Sara has been active in local, state and national professional organizations having served as President of the Kansas Society of Hospital Pharmacists and the Greater Kansas City Society of Hospital Pharmacists She has served on the ASHP Board of Directors, Chairman of the House of Delegates and ASHP President. Her contributions have resulted in the ASHP Distinguished Leadership Award and the Harvey A.K. Whitney Lecture Award.

Bruce E. Scott, RPh, MS, FASHP

Bruce currently serves as President of The CADENT Group, providing consultative services to health care business and provider-related organizations. He has served in executive roles at Allina Hospitals and Clinics, McKesson Medication Management, and Medco Health Solutions. Bruce is a past-president of both the American Society of Health-System Pharmacists and the Minnesota Society of Health-System Pharmacists. He is a recipient of the John Webb Lecture Award from the Northeastern University College of Pharmacy

## **Users Review**

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#### **Julian Loreda:**

Reading a guide tends to be new life style on this era globalization. With reading through you can get a lot of information that can give you benefit in your life. Having book everyone in this world can share their idea. Ebooks can also inspire a lot of people. A great deal of author can inspire their reader with their story or perhaps their experience. Not only situation that share in the guides. But also they write about the ability about something that you need case in point. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors on this planet always try to improve their expertise in writing, they also doing some study before they write on their book. One of them is this Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists.

#### **James Peterson:**

People live in this new day of lifestyle always aim to and must have the time or they will get lot of stress from both everyday life and work. So , once we ask do people have time, we will say absolutely of course. People is human not really a robot. Then we question again, what kind of activity are there when the spare time coming to an individual of course your answer will unlimited right. Then do you try this one, reading ebooks. It can be your alternative throughout spending your spare time, typically the book you have read is Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists.

#### **Nicholas Tapia:**

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will drift away through every dimension, wandering in every aspect that maybe mysterious for but surely can be your mind friends. Imaging every word written in a publication then become one type conclusion and explanation that maybe you never get previous to. The Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists giving you an additional experience more than blown away your thoughts but also giving you useful details for your better life on this era. So now let us show you the relaxing pattern is your body and mind will likely be pleased when you are finished examining it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

**Bill Dildy:**

This Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists is brand new way for you who has fascination to look for some information since it relief your hunger of knowledge. Getting deeper you onto it getting knowledge more you know or you who still having bit of digest in reading this Letters to a Young Pharmacist: Sage Advice on Life & Career from Extraordinary Pharmacists can be the light food for you personally because the information inside this kind of book is easy to get simply by anyone. These books develop itself in the form which is reachable by anyone, yeah I mean in the e-book application form. People who think that in book form make them feel sleepy even dizzy this book is the answer. So there is no in reading a guide especially this one. You can find what you are looking for. It should be here for a person. So , don't miss the idea! Just read this e-book type for your better life and also knowledge.

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