



The Dude and the Zen Master

By Jeff Bridges, Bernie Glassman

Download now

Read Online →

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman

“[A] truly incredible book about two friends talking about the good life.”
—*Huffington Post*

Zen Master Bernie Glassman compares Jeff Bridges’s iconic role in *The Big Lebowski* to a Lamed-Vavnik: one of the men in Jewish mysticism who are “simple and unassuming,” and “so good that on account of them God lets the world go on.” Jeff puts it another way. “The wonderful thing about the Dude is that he’d always rather hug it out than slug it out.”

For more than a decade, Academy Award-winning actor Jeff Bridges and his Buddhist teacher, renowned Roshi Bernie Glassman, have been close friends. Inspiring and often hilarious, *The Dude and the Zen Master* captures their freewheeling dialogue and remarkable humanism in a book that reminds us of the importance of doing good in a difficult world.

 [Download The Dude and the Zen Master ...pdf](#)

 [Read Online The Dude and the Zen Master ...pdf](#)

The Dude and the Zen Master

By Jeff Bridges, Bernie Glassman

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman

“[A] truly incredible book about two friends talking about the good life.” —*Huffington Post*

Zen Master Bernie Glassman compares Jeff Bridges’s iconic role in *The Big Lebowski* to a Lamed-Vavnik: one of the men in Jewish mysticism who are “simple and unassuming,” and “so good that on account of them God lets the world go on.” Jeff puts it another way. “The wonderful thing about the Dude is that he’d always rather hug it out than slug it out.”

For more than a decade, Academy Award-winning actor Jeff Bridges and his Buddhist teacher, renowned Roshi Bernie Glassman, have been close friends. Inspiring and often hilarious, *The Dude and the Zen Master* captures their freewheeling dialogue and remarkable humanism in a book that reminds us of the importance of doing good in a difficult world.

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman Bibliography

- Sales Rank: #100424 in Books
- Brand: Plume Books
- Published on: 2014-01-28
- Released on: 2014-01-28
- Original language: English
- Number of items: 1
- Dimensions: 7.71" h x .62" w x 5.01" l, .49 pounds
- Binding: Paperback
- 288 pages

 [Download The Dude and the Zen Master ...pdf](#)

 [Read Online The Dude and the Zen Master ...pdf](#)

Editorial Review

From Bookforum

A tremendously harmless, good-natured pile of mindlessness. —Choire Sicha

Review

“Mr. Bridges and Mr. Glassman are likable, and smart, and interesting...[*The Dude and the Zen Master*] includes compelling discussions of Mr. Bridges’s marriage, acting technique and close relationship with his father...you’ll always be grateful for the hang.”

—*The New York Times*

“[*The Dude and the Zen Master*] is an odd and wonderful little work that makes use of the transcendently funny characters and language of [The Big Lebowski] as the starting point for a relaxed philosophical discussion about a wide variety of topics.”—*Los Angeles Times*

“[A] truly incredible book about two friends talking about the good life.”

—Huffington Post

“Whether he knows it or not, The Dude’s laissez-faire attitude has become a model for coping with life’s complexities...[in] *The Dude and the Zen Master*, one gets the impression he or she is eavesdropping on an intimate conversation...It’s more than chicken soup for the soul, [it’s] cacciatore for the spirit, a winner’s guide to optimal living—a manual on how to Dude-ify oneself and just abide, man.”

—Examiner.com (Cleveland)

“*The Dude and the Zen Master* is an exercise in likeability....[Bridges] is in rare form here....To know the Dude (and, by extension, Bridges’ own meditational endgame) is to love him.”

—The Hairpin

“[A] good conversation between good friends...One of the unexpected treats of *The Dude and the Zen Master* is the insights into who Jeff Bridges is behind the Dude persona...touching remembrances of his parents, his reflections on life as a devoted family man, and his behind-the-scenes stories of movies he’s worked on [and] profound little Zen observations and insights sprinkled throughout the book.”

—*The Dudespaper*

“*The Dude and the Zen Master* doesn’t read like a traditional book at all—but rather riffs like a jam session....you’ll feel as though you yourself sat in on the sessions with the dude behind the Dude in The Big Lebowski and Buddhist buddy, Bernie....And what’s so cool is that the two of them manage to address many of life’s profundities—relationships, politics, working, aging, living, dying—in this very funny and readable jam session.”

—*Rock Cellar Magazine*

“*The Dude and the Zen Master* [is] a wonderful book of conversations...about acting and Zen and the long, fond relationship between these men.”

—Sheila Heti, *Financial Times*

About the Author

Jeff Bridges is an Oscar-winning actor, performer, songwriter, and photographer. He is a cofounder of the End Hunger Network and is the national spokesman for Share Our Strength's No Kid Hungry campaign.

Bernie Glassman is a Zen master and the first dharma successor to Taizan Maezumi Roshi, founder of the Zen Center of Los Angeles. He is well known for integrating Zen practice with social, economic, and educational initiatives. He is also the author of *Instructions to the Cook* and *Bearing Witness: A Zen Master's Lessons in Making Peace*.

Users Review

From reader reviews:

Deborah Mazarella:

Reading a publication can be one of a lot of action that everyone in the world adores. Do you like reading book so. There are a lot of reasons why people fantastic. First reading a reserve will give you a lot of new information. When you read a e-book you will get new information since book is one of many ways to share the information or their idea. Second, studying a book will make you more imaginative. When you looking at a book especially fictional works book the author will bring someone to imagine the story how the people do it anything. Third, you could share your knowledge to other folks. When you read this The Dude and the Zen Master, you could tells your family, friends as well as soon about yours reserve. Your knowledge can inspire average, make them reading a publication.

Rose Watkins:

People live in this new morning of lifestyle always try to and must have the free time or they will get lots of stress from both daily life and work. So , when we ask do people have time, we will say absolutely sure. People is human not really a huge robot. Then we inquire again, what kind of activity are there when the spare time coming to an individual of course your answer can unlimited right. Then do you try this one, reading publications. It can be your alternative in spending your spare time, the book you have read is The Dude and the Zen Master.

Mitchell Peed:

The Dude and the Zen Master can be one of your beginning books that are good idea. We all recommend that straight away because this publication has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort that will put every word into satisfaction arrangement in writing The Dude and the Zen Master although doesn't forget the main position, giving the reader the hottest and based confirm resource data that maybe you can be certainly one of it. This great information could drawn you into fresh stage of crucial thinking.

Robert Murphy:

Reading a book to be new life style in this season; every people loves to learn a book. When you go through a book you can get a lot of benefit. When you read publications, you can improve your knowledge, because

book has a lot of information into it. The information that you will get depend on what types of book that you have read. If you wish to get information about your review, you can read education books, but if you want to entertain yourself look for a fiction books, this kind of us novel, comics, in addition to soon. The The Dude and the Zen Master provide you with a new experience in looking at a book.

Download and Read Online The Dude and the Zen Master By Jeff Bridges, Bernie Glassman #QCX8O1LV0DH

Read The Dude and the Zen Master By Jeff Bridges, Bernie Glassman for online ebook

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Dude and the Zen Master By Jeff Bridges, Bernie Glassman books to read online.

Online The Dude and the Zen Master By Jeff Bridges, Bernie Glassman ebook PDF download

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman Doc

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman Mobipocket

The Dude and the Zen Master By Jeff Bridges, Bernie Glassman EPub