



## The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam))

*By Donald Colbert*

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### **Editorial Review**

From the Back Cover

#### **There Is Hope!**

**You can overcome depression and anxiety.**

Do you suffer from depression or anxiety? In this concise, easy-to-read book, you'll discover a wealth of information that will help you break free! Dr. Colbert has taken the confusion away from depression and anxiety and made it simple and easy to understand. Incorporating the latest medical findings with the timeless wisdom of the Bible, *The New Bible Cure for Depression and Anxiety* contains findings that your doctor never may have told you, including...

- The best antidepressant
- The vital link between omega-3 fatty acids and brain activity
- Powerful foods that combat depression
- Simple strategies for joy-filled living

You want to be healthy, and God wants you to be healthy. Now this highly anticipated revised and expanded edition from the Bible Cure series is available to help you get healthy-body, mind, and spirit.

About the Author

Don Colbert, MD, is board-certified in family practice and anti-aging medicine and has helped millions of people to discover the joy of living in divine health. He is the author of numerous books, including the *New York Times* best seller *The Seven Pillars of Health*.

### **Users Review**

**From reader reviews:**

**Dorothy Marsh:**

The book *The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam))* make one feel enjoy for your spare time. You can use to make your capable more increase. Book can to become your best friend when you getting tension or having big problem with your subject. If you can make looking at a book *The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam))* for being your habit, you can get a lot more advantages, like add your personal capable, increase your knowledge about several or all subjects. You are able to know everything if you like open up and read a book *The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam))*. Kinds of book are several. It means that, science e-book or encyclopedia or other people. So , how do you think about this book?

**Katherine Anderson:**

Now a day folks who Living in the era exactly where everything reachable by match the internet and the resources in it can be true or not need people to be aware of each details they get. How people have to be smart in receiving any information nowadays? Of course the solution is reading a book. Examining a book can help people out of this uncertainty Information particularly this The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) book because this book offers you rich information and knowledge. Of course the details in this book hundred per cent guarantees there is no doubt in it everbody knows.

**Brandon Li:**

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**Ana Smith:**

Many people said that they feel bored stiff when they reading a guide. They are directly felt this when they get a half regions of the book. You can choose the actual book The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) to make your personal reading is interesting. Your current skill of reading talent is developing when you such as reading. Try to choose straightforward book to make you enjoy to learn it and mingle the opinion about book and looking at especially. It is to be initial opinion for you to like to start a book and learn it. Beside that the book The New Bible Cure For Depression & Anxiety: Ancient Truths, Natural Remedies, and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) can to be your brand-new friend when you're truly feel alone and confuse using what must you're doing of the time.

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