

# A Beginner's Guide to Creating Reality, Third **Edition**

By Ramtha



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Account of important events in Ramtha s lifetime, from birth to his ascension, as well as Ramtha s basic teachings on: Consciousness and energy; The nature of reality; The self and the personality; The Observer in quantum mechanics; The auric field surrounding the body; The kundalini energy; and the seven seals in the body. This teaching covers the introduction given to students commencing their study and training at Ramtha s School of Enlightenment.

Special Content: Foreword by JZ Knight, Introductory Essay to Ramtha s Teachings by Jaime Leal-Anaya, Diagrams, Workbook, Glossary and detailed Index.



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## A Beginner's Guide to Creating Reality, Third Edition By Ramtha Bibliography

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#### Review

A great and inspiring introduction to Ramtha, his teachings, and his school of enlightenment. -- *Jaime Leal, JZK Publishing* 

Of all the schools I have researched over the past twenty years, Ramtha School of Enlightenment is the most exciting. --Dr. J. Gordon Melton

#### About the Author

Ramtha the Enlightened One is an ascended Master Teacher who learned in his lifetime the unlimited potential of our minds for creating and shaping reality. Ramtha s message, The power is in you! Change your mind and change your world; you are here to make known the unknown, is empowering and calls us to dynamic change. Ramtha continues to deliver his message through his school, Ramtha s School of Enlightenment. JZ Knight is the unique channel of Ramtha and author of the best-selling autobiography, A State of Mind, My Story. Historians and experts who have studied JZ Knight life s work have recognized her as the Great American Channel.

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