



Three Dog Nightmare: The Chuck Negron Story

By Chuck Negron

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Three Dog Nightmare: The Chuck Negron Story By Chuck Negron

I lay there shaking like a Vegemetic and sweating through the blankets. I prayed, "Please let me die or give me one minute of peace from this sickness." Then it happened. I knew then, and I still know now, that God did something for me that I could not do for myself. It was a gift. I was weak, alone, desperate, dying, and afraid. I surrendered. I prayed. He saved me. That's the only way I can explain what for me was the beginning of a miracle.

Three Dog Nightmare is the autobiography of Chuck Negron, and it is the story of one of the most successful rock groups ever, Three Dog Night. But unlike so many rock bios, this is much more than a self-indulgent paean to sex, drugs, and rock 'n' roll.

Three Dog Nightmare is a profoundly moral tale, an inspiring story of recovery and resurrection. But without a fall, there can be no resurrection. Few have fallen as hard, or as low. And even though we know the outcome, even though we know that he survived, Chuck Negron's is a story that seems at times almost too painful to read in its devastatingly sad portrayal of wasted talent, ruined chances, and burned lives.

I shoved drugs into my system like a little kid eating candy. And in the end, it took away everything: my money, my fame, my wives, my children, and my self-respect. I traded a Mediterranean-style villa in the Hollywood Hills for a corner of an abandoned building where I slept on a filthy mattress I found in a vacant lot.

That he survived at all is a miracle; that he has his career back on track and a new life devoted to helping other drug abusers is an inspiration.

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Editorial Review

About the Author

Chuck Negron, one of the three lead singers of the legendary rock group Three Dog Night, continues to tour in concert, spends time in the studio recording, and counsels other addicts at Cri-Help, the drug rehabilitation center where he conquered his drug habit. He resides in Los Angeles.

Chris Blatchford is a broadcast journalist and a veteran of three decades of investigative television journalism. He resides in Glendale, California.

Users Review

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The book Three Dog Nightmare: The Chuck Negron Story gives you the sense of being enjoy for your spare time. You should use to make your capable more increase. Book can to become your best friend when you getting stress or having big problem with your subject. If you can make studying a book Three Dog Nightmare: The Chuck Negron Story to be your habit, you can get much more advantages, like add your own capable, increase your knowledge about many or all subjects. You may know everything if you like open and read a reserve Three Dog Nightmare: The Chuck Negron Story. Kinds of book are several. It means that, science e-book or encyclopedia or other people. So , how do you think about this publication?

Sherri King:

Three Dog Nightmare: The Chuck Negron Story can be one of your beginner books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to place every word into joy arrangement in writing Three Dog Nightmare: The Chuck Negron Story but doesn't forget the main point, giving the reader the hottest and based confirm resource information that maybe you can be certainly one of it. This great information may drawn you into completely new stage of crucial contemplating.

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