

## Wild Swimming Walks Dartmoor and South Devon: 28 Lake, River and Beach Days Out in South West England

By Sophie Pierce, Matt Newbury



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Wild swimming walks Leads you on 28 adventures into the beautiful scenery and wild swimming paradise of Dartmoor and South Devon. Discover wooded river pools and tumbling waterfalls, secret coves and amazing sea caves, safe in the company of Devon's two most intrepid and fun-loving explorers. All the walking routes include places to swim and ideas for pubs and refreshments along the route. Join the adventure with this inspirational guide to one of England's most popular walking and wild swimming regions - Dartmoor and the South Devon coast. This is an iconic landscape of haunted lakes, ancient woodland, hidden rivers and one of the most beautiful coastlines in Britain. Complete with photos and practical guidance, and rich with local history and legend, this book will appeal to wild swimmers, family explorers, nature lovers and walkers alike. Including detailed directions, maps and downloadable route information to print out or take with you on your phone or tablet.

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#### **Editorial Review**

About the Author

Sophie Pierce lives on the edge of Dartmoor and started the South Devon Wild Swimming Club after getting caught in a rip-current during a New Year's Day dip. She has worked as a reporter for the BBC for 20 years. Matt Newbury is a writer and marketing specialist born and raised in Devon. He has completed many swimming challenges including escaping from Alcatraz and swimming to the Isle of Wight. Sophie and Matt are authors of Beyond the Beach: the secret wild swims of Torbay.

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