



A History of Psychology

By John G. Benjafield

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Engaging and accessible, this new edition of *A History of Psychology* chronicles the study of the human mind from ancient times to the present day. Providing a comprehensive introduction to the field, author John Benjafield covers the fascinating history of psychology while also exploring how thinkers and eras are linked to one another. Through precise and clear language, Benjafield chronicles the contributions of scores of psychological thinkers and psychologists—from Pythagoras, Lao-tzu, and Aristotle, to Darwin, Abraham Maslow, B.F. Skinner, and Herbert Simon. The third edition of this acclaimed text integrates the latest scholarship and delivers an up-to-date survey of the theorists whose ideas have shaped, and continue to shape, the study and practice of psychology.

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Editorial Review

Review

"This text is well organized, lucidly written, and easy to follow. In short, the author creates an atmosphere of erudite discussion in psychology helpful for both students and academics alike." --Dieter Halbwidl, Concordia University

About the Author

John G. Benjafield is Professor Emeritus from Brock University, where he taught cognition and the history of psychology for over thirty years. Benjafield received his Ph.D. in psychology from Brandeis University in Massachusetts, USA, and is currently a fellow of both the Canadian Psychological Association and the American Psychological Society. His extensive curriculum vitae includes writing both *Cognition* and *A History of Psychology* for Oxford.

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