

Diabetes A to Z: What You Need to Know about Diabetes - Simply Put

By American Diabetes Association



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An all-time reader favorite that explains diabetes--from A to Z!

Diabetes A to Z covers everything you need to know--from "A1C" to "Zzzz's--Sleep Is Important." More important, it covers these important topics in simple, direct, and easy-to-understand language. Whether you need to know about eye disease, high blood pressure, or skin care, Diabetes A to Z gives you the answers you need.

Highly recommended by health care professionals to patients.

Topics organized A to Z for easy navigation.

Clear and concise explanations of major diabetes issues.

Appropriate for all people with diabetes and their caregivers.

Backed by Tthe American Diabetes Association, the nation's leading voluntary health organization supporting diabetes research, information, and advocacy and the leading publisher of comprehensive diabetes information.



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