

Dim-mak's 12 Most Deadly Katas: Points of No Return

By Erle Montaigue



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In this book, Master Erle Montaigue offers students quick, concise training in the 12 most deadly forms of dim-mak, based on the powerful points along the acupuncture meridians. Also learn to respond to attacks with 12 corresponding free-sparring techniques, or san sau. For academic study only.



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Editorial Review

About the Author

Erle Montaigue was the first Westerner to be granted the degree of "Master" in taijiquan and dim-mak. In 1995 Erle was invited to study with Liang Shih-kan, the leader and "keeper" of the now almost extinct forerunner to taijiquan, the Wutan Shan System of Boxing, thus becoming the only Westerner and one of a handful of people to be taught the nine qi-disruptive methods. He serves as head of the World Taiji Boxing Association (WTBA), which has schools in more than 30 countries. He is highly regarded internationally as one of the leading instructors of the internal martial arts, including taijiquan

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