

### Take It to the Limit Study Guide: How to Get the Most Out of Life (North Point Resources)

By Andy Stanley



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Come Back from the Edge Overloaded? Maxed out? Our culture encourages us to live as if we have no limits. So we fill up our schedules and empty our bank accounts. We do as much as we can, spend as much as we can, and acquire as much as we can - all in an effort to get as much as we can out of life. This sixpart DVD shows that the secret to getting more out of life is not by doing more, but by doing less. Its companion study guide is complete with a leader's guide and six lessons, including conversation-starting exercises, discussion questions, and application steps. You'll learn to create the margin you need to live the life God intends for you.



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### Take It to the Limit Study Guide: How to Get the Most Out of Life (North Point Resources) By Andy Stanley Bibliography

Sales Rank: #1098414 in BooksBrand: Brand: Multnomah Books

Published on: 2005-12-28Released on: 2005-12-28Original language: English

• Number of items: 1

• Dimensions: 8.50" h x .25" w x 6.00" l, .30 pounds

• Binding: Paperback

• 92 pages

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#### **Editorial Review**

About the Author

Andy Stanley serves as senior pastor of the campuses of North Point Ministries, including North Point Community Church in Alpharetta, Georgia; Buckhead Church in Atlanta, Georgia; and Browns Bridge Community Church in Cumming, Georgia. Each Sunday, over twenty thousand attend one of these NPM campuses. Andy is the bestselling author of Visioneering, The Next Generation Leader, The Best Question Ever, and How Good Is Good Enough? Andy and his wife, Sandra, have two sons and a daughter.

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