



Do Less, Achieve More: Discover the Hidden Powers Giving In

By Chin-Ning Chu

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For anyone tired of chasing ever-elusive desires, of doing more only to find that more needs doing, and of making more money only to need more money, best-selling author Chin-Ning Chu shows you that life was meant to be easy, if you know the secrets.

From the best-selling author of *The Working Woman's Art of War*, comes an important and timely book about the side of success that most don't know about: the power of selective yielding, of surrendering to a successful destiny, and of getting what you want by not wanting it too much.

Using Carl Jung's famous parable of the rainmaker as a framework, Chin-Ning Chu explains universal truths about the nature of effort, success, willpower, detachment, "creating luck," and more. Illustrating the four "secrets of the rainmaker" with rich anecdotes from history, personal experience, and popular culture, Ching-Ning explains how to create success by attaining inner harmony, how to partner effort with ease, how to make peace with time, and how to stop reacting and start restfully controlling the events of your life.

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Editorial Review

From Publishers Weekly

Reputedly the most popular American author in Asia, Chin-Ning (Thick Face, Black Heart; Asian Mind Game) brings together her background as a Chinese-American, the writings of Carl Jung and current trends in time management and quantum theory in this unique self-help treatise. She refers frequently to the parable of the rainmaker, made famous by Jung, in which a man ends a five-year drought through inner "harmony with the Divine." Claiming that "[l]ife was meant to be easy," and "there is no need for suffering and struggle," Chin-Ning takes readers through the rainmaker's "three secrets?fine tuning your actions, putting your mind at ease, and tapping into the Divine power." Following these examples, according to the author, results in "creating an environment within yourself that attracts the elements of synchronicity and hidden coherence." But far from promising a life free of difficulty, stress or pain, she suggests learning to accept the "game" of life as a "fun" chance for your soul to "show off your skills" at coping with adversity. Using unusual metaphors and personal stories, Chin-Ning provides a brief, simple, clear path toward living our destiny and "returning to our Divine nature." Author tour.

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From Library Journal

Chu (Thick Face, Black Heart, AMC, 1992; Asian Mind Game, Rawson, 1991), president of Asian Marketing Consultants, has written a book that strives to teach people how to become more successful and satisfied with their lives. Though the publisher describes Chu as "the most successful American author in Asia," the book is slightly removed from reality. Chu uses Jung's story of the rainmaker, a myth in which a man who does nothing accomplishes much because he puts himself "in harmony with the Divine," as the foundation of the book. Unfortunately, she also uses bad science, bad history, and bad psychology to prove her points. Although some good advice is offered, it is well hidden in this mishmash of magic, psychology, and business advice. Not recommended. Elizabeth Caulfield Felt, Washington State Univ. Lib., Pullman
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Review

"A brief, simple, clear path toward living our destiny."--"Publishers Weekly"
"We fail to achieve our goals because we are trying too hard to succeed. The secret, as Chin-Ning reveals, is finding that balance effort and ease."--"Success

Users Review

From reader reviews:

Bill Flores:

This Do Less, Achieve More: Discover the Hidden Powers Giving In book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is actually information inside this e-book incredible fresh, you will get information which is getting deeper you read a lot of information you will get. That Do Less, Achieve More: Discover the Hidden Powers Giving In without we recognize teach the one who reading it become critical in pondering and analyzing. Don't possibly be worry Do Less, Achieve More: Discover the Hidden Powers Giving In can bring any time you are and not make your tote space or bookshelves' grow to be full because you can have it inside your lovely laptop even

cellphone. This Do Less, Achieve More: Discover the Hidden Powers Giving In having good arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

Sandra Yunker:

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