



Psychic Dreamwalking: Explorations at the Edge of Self

By Michelle A. Belanger

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No single book ever before has brought together the history, theory and practice of dreamwalking--entering into another's dreamspace, even though you may be physically at a great distance. Michelle Belanger, the author of *Psychic Vampire Codex*, takes readers on an adventure into the subconscious world of dreams, territory that no amount of psychology or research has fully charted. This absorbing account, beginning with the author's own first experience of dreamwalking in a school bus as a child, both explains the phenomenon and teaches the techniques of dreamwalking. Learn to set up a dream space and a dream gate. Harness your dreaming mind to visit distant family members, pass vital messages to friends, even start secret trysts with your lover! Nobody knows exactly what happens when we dream, but practicing dreamwalking can and will open a whole new world in which the connections between ourselves and our spirit selves and others, as well as the meaning of dreams and the relationship of dreaming to other energy work and magick become clear.

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Editorial Review

About the Author

Michelle Belanger's childhood could be a story straight from Ray Bradbury's *October Country*". Her small Midwest town featured a haunted public library, and it celebrated the return of flights of turkey vultures every year on the Ides of March. Her home life was stranger still. Raised by her maternal grandmother, psychic experiences and ghostly phenomenon were common occurrences in the Belanger household -- but were only discussed behind closed doors. Her estranged grandfather's family included healers, tea-leaf readers, and circus freaks who openly embraced their extraordinary gifts. Afflicted with a life-threatening heart defect from birth, Michelle endured both out of body experiences and near death experiences before the age of five. Her mother believed that these traumatic brushes with death made Michelle more sensitive to psychic phenomenon. Michelle herself believes that her skills arise from a combination of genetics, environment, and fate.

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