



# The Power of Feelings: Personal Meaning in Psychoanalysis, Gender, and Culture

By Nancy J. Chodorow

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In the middle of the twentieth century, leading cultural critics and visionaries—Erik Erikson, Lionel Trilling, Herbert Marcuse, and many others—turned to psychoanalysis as a measure of human personal and cultural fulfillment. Now, as we enter a new millennium, Nancy J. Chodorow, well known as a feminist theorist and psychoanalyst, takes her place in this line of eminent thinkers and revitalizes their project. Psychoanalysis, she claims, offers in its clinical goals and its vision of possibility insight into the nature of subjectivity and the quality of good relations with others. It continues centuries of reflection and imagination about the good life.

In this pathbreaking book, Chodorow draws upon her broad knowledge and background in social theory, her feminism, and her experience as a psychoanalyst. In extensively elaborated chapters on psychoanalytic theory, she argues that a psychoanalysis that takes as its starting point the immediacy of unconscious fantasy and feeling found in the clinical encounter can illuminate our understanding of individual subjectivity and potentially transform all sociocultural thought. Creating a dialogue between feminism, anthropology, and psychoanalysis, she holds that feminism, anthropology, and other cultural theories require that psychoanalysts take seriously how cultural meanings help to constitute psychic life. At the same time, psychoanalysis demonstrates that contemporary theories of meaning cannot neglect the unconscious realm, which has just as much power as culture does to create meaning for the individual. Chodorow acknowledges postmodern accounts of the decentering and fragmentation of individuality but argues that psychoanalysis gives us an account of subjectivity that incorporates forms of wholeness and depth of experience, without which we cannot have a meaningful life.

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### Editorial Review

#### Review

"A true contribution to analytic knowledge that merits reading by both analysts and cultural anthropologists."  
-- Warren S. Poland, *Psychoanalytic Quarterly*

"An engagingly sincere piece of soulsearching by a widely respected psychological theorist. . . . Three cheers for Nancy Chodorow." -- *Theodore Roszak, San Francisco Examiner & Chronicle*

"[Chodorow's book] has much to offer feminists . . . in the form of an incisive critique of postmodern trends." -- *Mari Jo Buhle, Women's Review of Books*

#### About the Author

Nancy J. Chodorow is a psychoanalyst in private practice and professor of sociology and clinical professor of psychology at the University of California, Berkeley. She is the author of *The Reproduction of Mothering, Feminism and Psychoanalytic Theory* (published by Yale University Press, ISBN 0 300 05116 6, pb. \$13.95\*), and *Femininities, Masculinities, Sexualities: Freud and Beyond*.

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