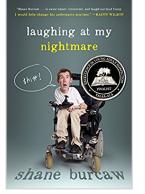
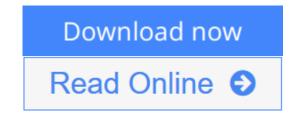
Laughing at My Nightmare



By Shane Burcaw



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With acerbic wit and a hilarious voice, Shane Burcaw's *Laughing at My Nightmare* describes the challenges he faces as a twenty-one-year-old with spinal muscular atrophy. From awkward handshakes to having a girlfriend and everything in between, Shane handles his situation with humor and a "you-onlylive-once" perspective on life. While he does talk about everyday issues that are relatable to teens, he also offers an eye-opening perspective on what it is like to have a life threatening disease.

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Editorial Review

From School Library Journal

Gr 10 Up—Burcaw is like any other 21-year-old guy. He loves sports, video games, and bathroom humor; enjoys hanging out with his friends; and has had several girlfriends. The only thing that makes him different is that he has done all of this while in a wheelchair. Burcaw was born with a rare neuromuscular disease known as spinal muscular atrophy (SMA), which hinders his muscles' ability to grow and repair themselves. Instead of growing bigger and stronger with age, he becomes weaker and smaller. As a result of the disease, Burcaw depends on his friends and family when it comes to completing everyday tasks. Throughout, he shares many humorous and touching stories about growing up and living with his disease. These tales leave nothing to the imagination, including descriptions of how he uses the bathroom or has sexual interactions, and the author occasionally employs some graphic language. Burcaw's narrative will resonate with readers, who will laugh along with the funny stories, cringe at the awkward moments, and tear up at the emotionally charged parts. A poignant story that provides a fresh perspective on life.—Annalise Ammer, City of Rochester Public Libraries, NY

Review

"Burcaw has spent most of his life in a wheelchair with progressively debilitating spinal muscular atrophy, but instead of soberly presenting the ups and downs of a potentially bleak existence, he pens an uplifting, laugh-out-loud memoir that calls out the absurdity of his circumstances, and the joy he finds in the everyday." *Booklist*

"*Laughing at My Nightmare is an unforgettable memoir." ?VOYA, STARRED REVIEW

"With snark, swagger and self-deprecation, Burcaw explains from the beginning how SMA has shaped his mission . . . With reflections camouflaged in wisecracks, Burcaw demonstrates that a little humor goes a long way." ?*Kirkus Reviews*

"Burcaw's narrative will resonate with readers, who will laugh along with the funny stories, cringe at the awkward moments, and tear up at the emotionally charged parts. A poignant story that provides a fresh perspective on life." *?School Library Journal*

"*It's engaging, inspirational, and eye-opening." ?Publishers Weekly, STARRED REVIEW

About the Author

Shane Burcaw is a twenty-one-year-old with spinal muscular atrophy. He is currently a junior at Moravian College in Bethlehem, Pennsylvania, studying English. Shane runs a nonprofit organization dedicated to raising money for muscular dystrophy research.

Users Review

From reader reviews:

Christopher Clarke:

Why don't make it to become your habit? Right now, try to ready your time to do the important work, like looking for your favorite book and reading a publication. Beside you can solve your condition; you can add your knowledge by the guide entitled Laughing at My Nightmare. Try to face the book Laughing at My Nightmare as your good friend. It means that it can to become your friend when you sense alone and beside those of course make you smarter than before. Yeah, it is very fortuned for you personally. The book makes you considerably more confidence because you can know every thing by the book. So , let me make new experience as well as knowledge with this book.

Leticia Brewster:

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Patricia Stewart:

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